## Instructions

Brushing alone cleans only 60% of tooth surfaces. Flossing removes food particles and plaque from between teeth and under the gumline where a toothbrush can't reach. Plaque buildup leads to bad breath, bleeding gums, periodontal disease, and tooth decay.

## Securing floss:

- Place one end of a 12" length of dental floss across button slot and wind floss around the button.
- Pull floss tight across the floss span opening, following the grooves.
- Pull floss tight across the button slot and wind around the button again several times.

## Using Floss-Hands:

- Gently glide (never snap) the floss between adjacent teeth and under the gumline as far as possible.
- Holding floss against the tooth surface, sweep it away from the gums. Floss both sides of each tooth and behind back teeth.

Manufactured for

## PRACTICON

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